

Northern Nevada Legal Aid

Northern Nevada Legal Aid provides legal assistance to seniors 60 years or older for consumer related legal matters, such as: wills, evictions, financial fraud or exploitation, and social security administration hearings. Community education and senior related legal information sessions are offered throughout the year at various senior center locations.

Washoe County Library

A full service branch of the Washoe County Library is located inside the Reno Center and is open Monday-Friday, 9:00am to 1:00pm. Computer and social media classes are operated at this location.

Phone Directory

Central Reception
(775) 328-2575

Adult Day Health
(775) 328-2591

M.A.P
(844) 826-2085

Washoe County Library
(775) 328-2586

Senior Ambassador Program (Volunteer)
(775) 328-2588

Nutrition Services
(775) 328-2575

Northern Nevada Legal Aid
(775) 332-0606

Serving Seniors in Washoe County for 30 Years



HUMAN SERVICES AGENCY

Main Location Providing All Services

Reno

1155 East 9th Street, Reno, NV 89512
(775) 328-2575

Other Sites

Sparks

97 Richards Way, Sparks NV, 89431
(775) 353-3110

Gerlach (limited hours/services)

385 E. Sunset Blvd, Gerlach, NV 89412
(775) 557-2206

Website

www.washoecounty.gov/seniorsrv

All programs accept donations that help expand services

A Guide to Senior Services

A Continuum of Care for Older Adults



HUMAN SERVICES AGENCY

Our Mission

The mission of the Human Services Agency (HSA) of Washoe County is to promote the health, safety and wellbeing of children, adults and seniors who are vulnerable to abuse, neglect and exploitation. We provide an array of protective and supportive services to families and individuals to enhance their quality of life by ensuring they are optimizing their self-reliance and self-sufficiency, as we strive to have a strengthened, safe, and thriving community.

Programs & Services

Senior Centers

Senior Centers help address the needs of Seniors by offering services and resources, allowing participants to come together for activities. These include:

- Social activities
- Lunch Services
- ACCESS tickets & Bus Passes (available to purchase)
- Medicare Assistance Program (MAP)
- Exercise Classes
- Live Music
- Games & group activities

Nutrition Services

Home Delivered Meals

The Home Delivered Meals program a.k.a. Meals on Wheels, provides meals to eligible homebound seniors age 60 or older who are unable to participate at Senior Center meal sites.

Congregate Meals

The Congregate Meal program offers one hot meal or fresh salad per day to seniors 60+ and qualified individuals at one of the several locations in the Washoe County area. For menu options, please visit our website at:

https://www.washoecounty.gov/seniorsrv/events_calendars_menus.php

The Reno Senior Center is a Food Pantry Distribution site.

Congregate Meal Site

Washoe County Senior Center

Mon - Fri, 8:00am - 5:00pm
Lunch served - 11:15am - 12:30pm, (775) 328-2786
1155 E. 9th Street, Reno

Sparks Center

Mon - Fri, 8:00am - 5:00pm
Lunch served - 11:30am - 12:00pm, (775) 353-3110
Meal Reservation: (775) 353-3113
97 Richards Way, Sparks

Gerlach Senior Center

Mon - Fri, 9:00am - 1:00pm, (775) 557-2206
385 Sunset Boulevard, Gerlach

**Sites below require a reservation.
Please call (775) 328-2786 by 8:30 am**

Cold Springs Community Center

Mon - Fri, 10:00am - 2:00pm,
3355 White Lake Parkway, Reno

Metropolitan Gardens

Mon - Fri, 9:00am - 1:00pm, sign up at Site
325 E. 7th Street, Reno

Neil Road Recreation Center

Mon - Fri, 11:00am - 1:00pm
3925 Neil Road, Reno

Rainbow Bend

Mon - Fri, 11:00am - 1:00pm, (775) 342-2840
800 Peri Ranch Road, Lockwood

Sierra Manor (Closed until further notice)

Mon - Fri, 9:00am - 1:00pm, (775) 331-4166
2350 Paradise Drive, Reno

Spanish Springs Center (Lazy 5)

Tues - Fri, 10:00am - 2:00pm
Lazy 5 Regional Park, Cottonwood Room
7100 Pyramid Highway, Spanish Springs

Sun Valley Center

Mon - Fri, 9:30am - 1:30pm
115 W. 6th Avenue, Sun Valley

Westbrook Community Center (opens Spring 2023)

Mon - Fri, 10:00am - 1:00pm, (775) 328-2786
315 Westbrook Lane, Reno (Lemmon Valley)

Adult Day Health

The Daybreak program is offered at the Reno Center and provides a safe and secure environment for cognitively or physically impaired adults 18 years old or older. Respite for caregivers allows seniors to age in place and promotes healthy care giving.

Daybreak is the only medically based program in the region supported by full time nurses. Community Health Aides provide personal care support, social activities, and therapeutic activities including physical and cognitive exercises, as well as a noon meal and daily snacks.

Daybreak also provides numerous activities suited to a participant's interests and capacities; as well as social interaction.

Case Management

Washoe County HSA - Senior Services provides assistance either in the form of access or care coordination in circumstances where individuals age 60 or older and/or their caregivers are experiencing diminished functioning capacities, personal conditions or other characteristics, which require need for services by formal service providers.

Representative Payee Program

The Representative Payee Program is a Social Security Association (SSA) program that assists individuals 60 or older receiving Social Security or SSI benefits who have difficulty managing their personal finances. The main responsibility of a payee is to support the senior in managing his or her benefits to meet housing, nutritional and other needs. A fee for service and other program restrictions may apply.

Homemaker Program

Homemaker services provide light housekeeping and chore assistance to individuals age 60 or older, or under the age of 60 with a physical disability, who are unable to perform some or all of their desired homemaker activities, due to identified functional limitations to remain independent in the community.